

AUTOPSY OF LEADERSHIP TRAIN WRECKS

JEANNE MAYO 100X LEADERSHIP PODCAST

Mark 4:8, *“Still other seed fell on good soil. It came up, grew and produced a crop, some multiplying thirty, some sixty, some a hundred times.”*

Whenever ministry “train wrecks” occur, we talk about the _____.
But a far more important discussion is pin-pointing the specific _____-_____ that led to these moments.

1. Realize soberly that _____ kills.
 - a. Often the people who are fastest to “_____” are the fastest to “_____.”
 - b. _____ = “Being Under Satan’s Yoke”
 - c. The bad news is that in life, YOUR TIME _____.
The good news is that you will always be the _____.
 - d. “Lives lived frantically are _____.”

2. Surround yourself with 2-3 key people who consistently DARE TO TELL YOU _____...even when you don’t want to hear it.
 - a. We want people to be “real” around us...but we would prefer if the “real” is _____.
 - b. Accountability will always be a _____ apart from your painful, humiliating choices to remain PROMPTLY AND BRUTALLY HONEST with one or two other people you deeply respect spiritually...people who have exercised the ability to HELP YOU MOVE TOWARDS PERSONAL GROWTH AND FREEDOM.

3. Become intentional about CONSERVING YOUR _____ and determining your personal “_____.”

- a. Energy is _____...but not _____.
It comes in _____ and _____...not in a _____.
- b. ADRENALINE is a hormone secreted by the adrenal glands, especially during times of STRESS and HIGH EXERTION (I.E. the reason people can have almost supernatural strength and endurance during times of crisis...like the mom who lifts a car off her child who is trapped below).
- But after an “ADRENALINE HIGH,” there will invariably be an “ADRENALINE LOW/CRASH.” Let me give you some possible things you’ll experience during that period, if only on a minimal scale after minimal exertion:
 - o Easy anger and frustration levels
 - o Sadness or “feeling super blue”
 - o Easy vulnerability to sin
 - o A magnifying of negative comments or “what went wrong”...beating yourself up.
 - o Overall emotional state that easily wants to say, “This isn’t worth it. I’m out.”
 - o A blah-ness, flatness, and/or general apathy towards even things or people that matter to you.
- c. Nolan Ryan was a historic starting pitcher for the Texas Rangers. He was prominent in baseball from the 1960’s through the 1990’s...and is considered one of the greatest pitchers of all times. Listen to his profound observation about his personal “ENERGY PATTERN” when he was on the pitching mound:
- “I became a great pitcher when I realized that there would only be about _____ A GAME when I needed to pitch at 100% force. I learned that conserving my energy for those moments was the key to sustained and unforgettable success.”
—Nolan Ryan
- d. Determine what you are willing to _____ in...not giving 100%.

- Too often we're willing to fail at "BEING A _____" because we don't want to fail "_____ - _____."
- e. Matthew 11:28-30 (The Message), *"Are you TIRED? WORN OUT? BURNED OUT ON RELIGION? Come to Me. Get away with Me and you'll recover your life. I'll show you how to take a REAL REST. Walk with Me and work with Me. LEARN THE UNFORCED RHYTHMS OF GRACE. I won't lay anything heavy or ill-fitting on you. Keep company with Me and you'll learn to live freely and lightly."*
6. Make sure your definition of success lines up with what you see as a repeated definition of success in the _____.
- a. Often even the church describes "success" as "performance."
- SUCCESS = _____ in the Word of God.
5. Remember that _____ is only one side of the equation. _____ is the other.
- a. Lou Holtz, the legendary Notre Dame football coach, said profoundly: "There were NO MAGIC MOMENTS. We just consistently kept practicing our drills and doing what we knew to do. Then one day, THE WORLD WOKE UP AND DECIDED TO NOTICE US."
- Sustained "overnight success" will usually take a _____ to achieve.
6. Never confuse who you are under THE _____...with who you _____.
- a. The anointing is A STATEMENT ABOUT _____...NOT ABOUT _____.

CONCLUSION:

1. 98% of being a good Christian leader is being a _____
_____.
- a. Have a DAILY APPOINTMENT TIME with Jesus every day...even if it's only a "10 & 10." Most of the time you will feel NOTHING. Just read with a pen in your hand and give those moments your TOTAL FOCUS. Do that at least 5 days out of 7 each week. And you have overwhelming odds of NEVER ending up as a fatality at your own personal CRASH SITE. I've been up close to countless collision scenes. And I've never known one single victim who had a remotely consistent quiet time. NEVER.
2. 2 Corinthians 4:16-18 NLT, *"That is why we NEVER GIVE UP. Though our bodies are dying, our spirits are being RENEWED EVERY DAY. For our present troubles are SMALL and WON'T LAST very long. Yet they produce for us a GLORY that vastly OUTWEIGHS THEM and will last forever! SO WE DON'T LOOK AT THE TROUBLES WE SEE NOW. Rather, we FIX OUR GAZE on things that cannot be seen. For the things we see now will soon be gone. BUT THE THINGS WE CANNOT SEE WILL LAST FOREVER."*

Answers:

OUTCOMES; ON-RAMPS; SPEED; MAKE IT; FALL; BUSY; WILL FLY; PILOT;
QUICKLY FORGOTTEN; THE TRUTH; AFFIRMATION; FARCE; EMOTIONAL
ENERGY; ADRENALINE PATTERNS; RENEWABLE; LIMITLESS; CYCLES;
WAVES; CONSTANT STREAM; FIVE TIMES; FAIL; CHRISTIAN; PERFORMANCE-
WISE; WORD OF GOD; FAITHFULNESS; SUCCESS; SUSTAINING IT; LIFETIME;
ANOINTING; REALLY ARE; GOD; YOU; GOOD CHRISTIAN